Emerging Opportunities for Youth: Integrating Behavioral Health and HIV-Related Care

Elizabeth Siegel, MA, MPP
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Presentation to the Presidential Advisory Committee on HIV/AIDS
Leading Change: A Plan for SAMHSA's Roles and Actions 2011-2014

Strategic Initiatives:
#1 – Prevention of Substance Abuse and Mental Illness
#2 – Trauma and Justice
#3 – Military Families
#4 – Recovery Support
#5 – Health Reform
#6 – Health Information Technology
#7 – Data, Outcomes, and Quality
#8 – Public Awareness and Support

http://www.samhsa.gov/
#1 – Prevention of Substance Abuse and Mental Illness

- Create communities where individuals, families, schools, faith-based organizations and workplaces take action to promote emotional health and **reduce the likelihood of mental illness, substance abuse**...and suicide.

- **Focus on the Nation’s high-risk youth**, youth in Tribal communities, and military families.

http://www.samhsa.gov/Prevention
#5 - Health Reform

- **Increase access** to appropriate high quality prevention, treatment and recovery services;
- **Reducing disparities** that currently exist between the availability of services for mental and substance use disorders compared with the availability of services for other medical conditions; and
- **Support integrated, coordinated care**, especially for people with behavioral health and co-occurring health conditions, such as HIV/AIDS.

http://www.samhsa.gov/HealthReform
### SAMHSA HIV/AIDS Funding

(Numbers in Millions)

<table>
<thead>
<tr>
<th>Program</th>
<th>FY 2011 Enacted</th>
</tr>
</thead>
<tbody>
<tr>
<td>CMHS MAI</td>
<td>$9.3</td>
</tr>
<tr>
<td>CMHS S-to-S</td>
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<tr>
<td>CSAP MAI</td>
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<tr>
<td>CSAT MAI</td>
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<tr>
<td>SAPT BG</td>
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<tr>
<td>HHS MAI (non-add)</td>
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<tr>
<td>PEPFAR (non-add)</td>
<td>$0.700</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$177.8</strong></td>
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Age of program participants compared to new HIV infections

Source: CDC, 2009 Diagnoses of HIV Infection by Age
http://www.cdc.gov/hiv/topics/surveillance/basic.htm
Engaging Youth in HIV/AIDS-Specific Programs

Minority AIDS Initiative (MAI)

- Youth are a MAI targeted population
  - Peer-led outreach training
  - Information and referral for services
  - HIV testing

- 5-year Capacity Building Initiative (CBI) grants
  - Prevent SA and transmission of HIV/AIDS
  - Targets youth ages 18-24
  - Colleges, universities and community-based orgs
Key Challenges

• Retention
  – Grantees report that incentives help

• Engaging families and parents
  – HIV status, sex, and drugs can be difficult topics for teens to discuss with family/parents
  – Parent education may not be feasible

• Stigma
  – May affect teens’ willingness to participate
Looking Forward

• Continue to offer high quality technical assistance to ensure effective use of funds

• Continue our focus on high-risk populations and communities most impacted by HIV/AIDS

• Further develop integrated systems of care
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Prevention Works. Treatment is Effective. People Recover.