



# Emerging Opportunities for Youth: Integrating Behavioral Health and HIV-Related Care



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# Leading Change: A Plan for SAMHSA's Roles and Actions 2011-2014

## Strategic Initiatives:

- #1 – Prevention of Substance Abuse and Mental Illness
- #2 – Trauma and Justice
- #3 – Military Families
- #4 – Recovery Support
- #5 – Health Reform
- #6 – Health Information Technology
- #7 – Data, Outcomes, and Quality
- #8 – Public Awareness and Support

<http://www.samhsa.gov/>

# #1 – Prevention of Substance Abuse and Mental Illness

- Create communities where individuals, families, schools, faith-based organizations and workplaces take action to promote emotional health and **reduce the likelihood of mental illness, substance abuse...and suicide.**
- **Focus on the Nation's high-risk youth, youth in Tribal communities, and military families.**

<http://www.samhsa.gov/Prevention>

# #5 -Health Reform

- **Increase access** to appropriate high quality prevention, treatment and recovery services;
- **Reducing disparities** that currently exist between the availability of services for mental and substance use disorders compared with the availability of services for other medical conditions; and
- **Support integrated, coordinated care**, especially for people with behavioral health and co-occurring health conditions, such as HIV/AIDS.

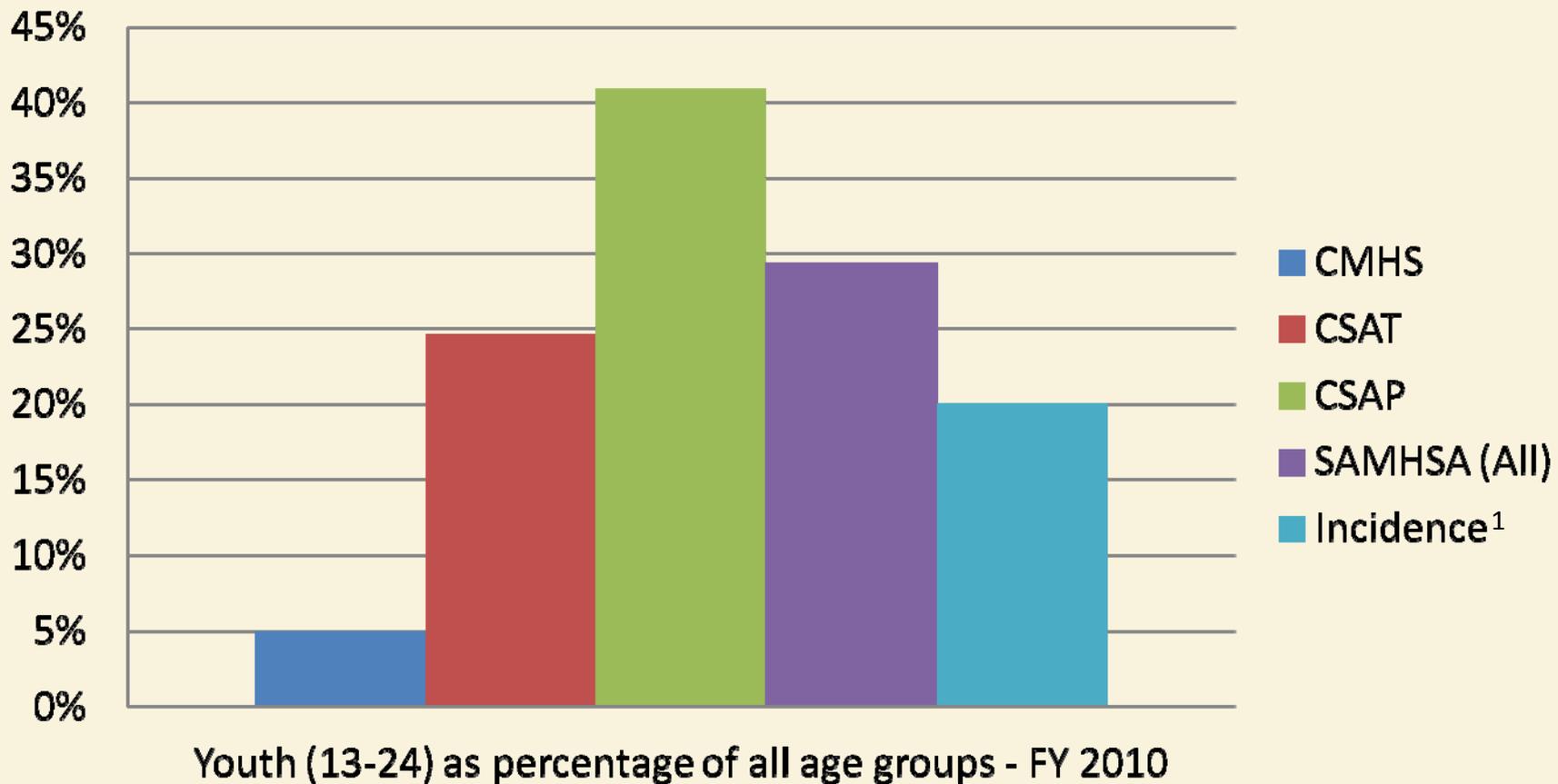
<http://www.samhsa.gov/HealthReform>

# SAMHSA HIV/AIDS Funding (Numbers in Millions)

FY 2011 Enacted

CMHS MAI	\$9.3
CMHS S-to-S	\$.974
CSAP MAI	\$41.4
CSAT MAI	\$66.0
SAPT BG	\$60.1
HHS MAI (non-add)	\$5.9
PEPFAR (non-add)	\$.700
Total	\$177.8

# Age of program participants compared to new HIV infections



<sup>1</sup> Source: CDC, 2009 Diagnoses of HIV Infection by Age  
<http://www.cdc.gov/hiv/topics/surveillance/basic.htm>

# Engaging Youth in HIV/AIDS-Specific Programs

## Minority AIDS Initiative (MAI)

- Youth are a MAI targeted population
  - Peer-led outreach training
  - Information and referral for services
  - HIV testing
- 5-year Capacity Building Initiative (CBI) grants
  - Prevent SA and transmission of HIV/AIDS
  - Targets youth ages 18-24
  - Colleges, universities and community-based orgs

# Key Challenges

- Retention
  - Grantees report that incentives help
- Engaging families and parents
  - HIV status, sex, and drugs can be difficult topics for teens to discuss with family/parents
  - Parent education may not be feasible
- Stigma
  - May affect teens' willingness to participate

# Looking Forward

- Continue to offer high quality technical assistance to ensure effective use of funds
- Continue our focus on high-risk populations and communities most impacted by HIV/AIDS
- Further develop integrated systems of care

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Prevention Works. Treatment is Effective. People Recover.