



# I AM A WORK OF ART

Antiretroviral therapy  
(ART) helps me and others  
with HIV stay healthy  
and undetectable so  
we can keep growing,  
keep learning, and  
keep exploring.

*Raul*

Living with HIV  
for 13 years

YOUR HIV STATUS DOESN'T DEFINE YOU.

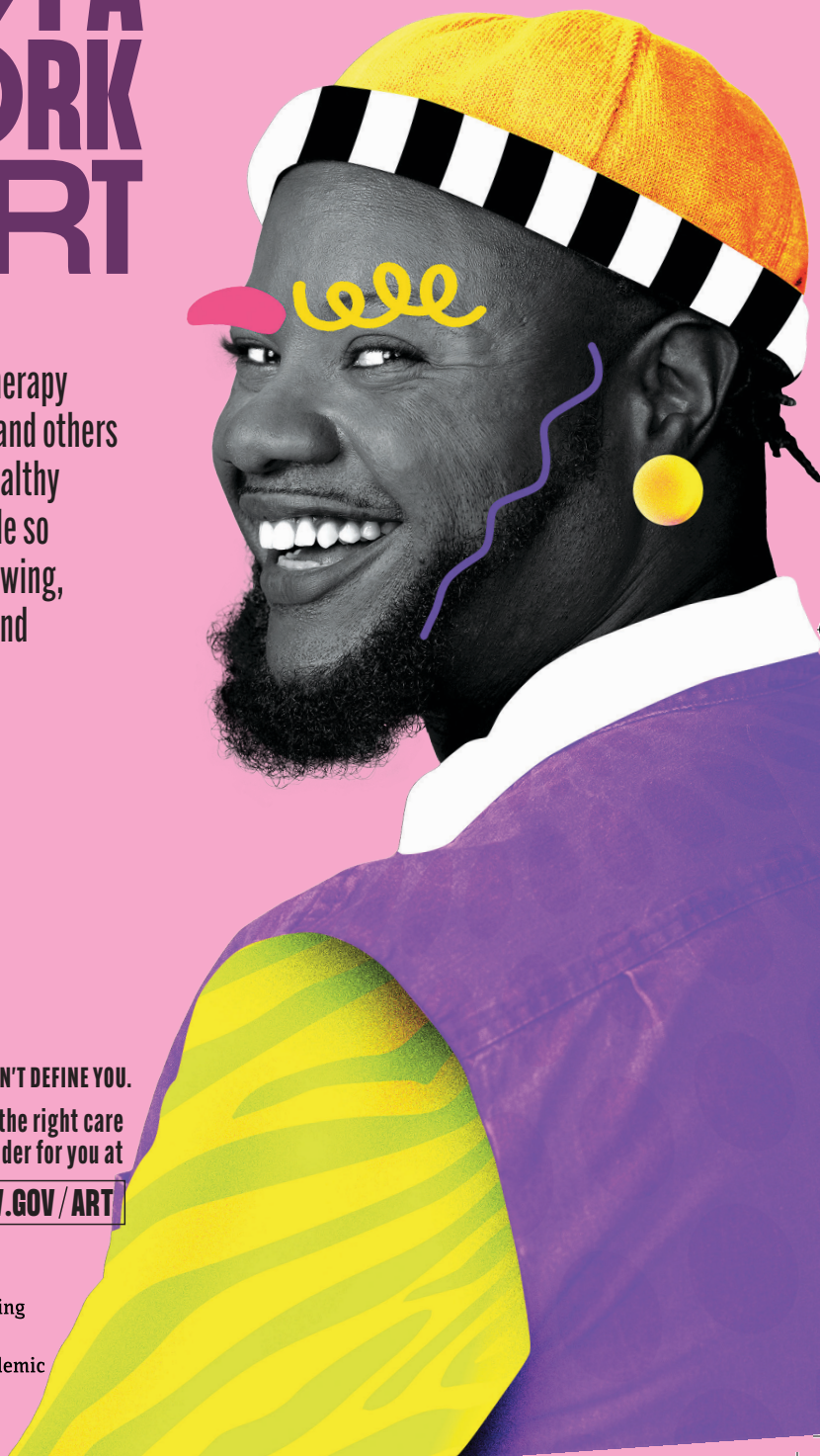


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Ending  
the  
HIV  
Epidemic





## What is HIV?

HIV is a virus that attacks cells that help the body fight infection. There is no cure, but it is treatable with medicine called antiretroviral therapy or ART. (For more information: [HIV.gov/hiv-basics](http://HIV.gov/hiv-basics))

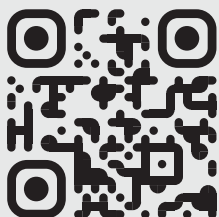
## What is ART (antiretroviral therapy) and why is it important for people with HIV?

ART is the combination of drugs used to treat HIV. ART is also called HIV medication and HIV treatment.

People with HIV who take HIV medicine (called antiretroviral therapy) as prescribed and get and keep an undetectable viral load can live long and healthy lives and will not transmit HIV to their HIV-negative partners through sex. (For more information: [HIV.gov/hiv-basics](http://HIV.gov/hiv-basics))

## How can you or someone you know with HIV get started on ART?

After being diagnosed with HIV, it is important to see a health care provider who can help you start ART as soon as possible.



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