How You Can Get PrEP

Follow these steps to get PrEP medication to prevent HIV.

Is PrEP right for me?

PrEP is a safe and effective prevention option for people who are HIV-negative. PrEP medication works when taken as prescribed. Find local HIV testing sites at locator.hiv.gov.

1



GET READY

Talk to your health care provider. Find a provider who makes you feel comfortable and supported.

2

GET SET

Get tested to make sure you are HIV negative.



3



GET PrEP

Get your prescription filled at your local pharmacy or find one near you.

Staying on PrEP

Take the medication as prescribed and see your provider every 3 months to get tested for HIV, STIs, check your kidneys, and get a refill.





