# READY, SET, PrEP

The U.S. Department of Health and Human Services (HHS) Ready, Set, PrEP program makes PrEP medications available to people who qualify at no cost.



## THE READY. SET. PrEP **PROGRAM IS A PART** OF ENDING THE HIV **EPIDEMIC: A PLAN** FOR AMERICA (EHE)

The initiative's goal is to reduce the number of new HIV infections in the U.S. by:

**%** BY 2030

### PREVENTING HIV INFECTION

Pre-exposure prophylaxis (or PrEP) is a way to prevent people who do not have HIV from getting HIV, by taking one pill every day as prescribed.

To find out more about PrEP and if PrEP medication is right for you, see the Centers for Disease Control and Prevention (CDC) PrEP webpage (cdc.gov/hiv/basics/prep.html) or talk with a healthcare professional. If you do not have a doctor or someone who can prescribe PrEP medication for you, you can visit an Indian Health Service (IHS), tribal, or urban Indian health program, or use locator.hiv.gov to

#### WHY IS PrEP IMPORTANT?

PrEP medications are safe and effective and can help prevent you from getting HIV. When someone is exposed to HIV, PrEP medications can work to keep the virus from causing infection. Taking PrEP medication can stop new HIV infections, and help end the HIV epidemic.

More than one million people in the U.S. could benefit from taking PrEP medication, but only a small fraction of those actually get a prescription for the medication. Many people do not know about PrEP medication and how it can help them, and many can't afford to pay for the medicine. The Ready, Set, PrEP program is designed to reach those individuals who could be helped by taking PrEP medication, but do not have prescription drug coverage. The program provides them with information about the medication as well as the medication itself at no cost for qualified individuals.

# **HOW CAN I ENROLL IN THE READY, SET, PrEP PROGRAM?**

To receive PrEP medication through the Ready, Set, PrEP program, you must.

- Test negative for HIV
- Have a valid prescription from your healthcare provider
- Not have insurance that covers prescription drugs

Eligibility for IHS pharmacy services does not disqualify you from participation.

#### ABOUT THE PROGRAM:

- Choose any of the following methods to apply:
  - Online: GetYourPrEP.com
  - By phone: 855.447.8410
  - In person at a healthcare provider's office, including a community health center (findahealthcenter.hrsa.gov) where trained staff can assist you.
- You can receive PrEP medication at a pharmacy of your choice.
- You will need to connect with your healthcare provider every three months to get re-tested for HIV and have other assessments.

## **HOW MUCH DOES IT COST?**

PrEP medications are available at no cost for patients at federally operated IHS clinics.

If you receive PrEP medication through the Ready, Set, PrEP program, you will not have to pay for the medication. The costs of clinic visits and lab test costs at non-IHS facilities may depend on your income.

The Ready, Set, PrEP program provides an additional resource for Indian Country, to expand on the work IHS is doing to make PrEP medications available to American Indians and Alaska Natives. Your participation in Ready, Set, PrEP can help bring additional resources to Native communities and allow IHS to reach more people.











