I AM A WORK OF ART

Antiretroviral therapy (ART) helps me and others with HIV stay healthy and undetectable so we can live life loud—and proud—on our terms.

Jasmine

Living with HIV since 2005

YOUR HIV STATUS DOESN'T DEFINE YOU.

Find the right care provider for you at

HIV.GOV / ART

DEPARTMENT OF HEALTH & HUMAN SERVICES · USA

Ending the HIV Epidemic

What is HIV?

HIV is a virus that attacks cells that help the body fight infection. There is no cure, but it is treatable with medicine called antiretroviral therapy or ART. (For more information: HIV.gov/hiv-basics)

What is ART (antiretroviral therapy) and why is it important for people with HIV?

ART is the combination of drugs used to treat HIV. ART is also called HIV medication and HIV treatment.

People with HIV who take HIV medicine (called antiretroviral therapy) as prescribed and get and keep an undetectable viral load can live long and healthy lives and will not transmit HIV to their HIV-negative partners through sex. (For more information: HIV.gov/hiv-basics)

How can you or someone you know with HIV get started on ART?

After being diagnosed with HIV, it is important to see a health care provider who can help you start ART as soon as possible.

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