Latinos Unidos
Contra El Sida
LUCES MENU OF SERVICES

Ending the HIV Epidemic
One Client at a Time

HIV SERVICES

• MEDICAL CASE MANAGEMENT
• SUPPORTIVE CASE MANAGEMENT
• PSYCHOSOCIAL SUPPORT
• FUERZA POSITIVA UNIVERSITY
• MENTAL HEALTH SERVICES
• SUBSTANCE USE SERVICES

PREVENTION

• PREP & PEP NAVIGATION
• PREP SUPPORT GROUPS
• HIV TESTING
• STI TESTING
• CPLC COMMUNITY EVENTS
• Behavioral Health Interventions

FOR PROGRAM QUESTIONS PLEASE CONTACT:

DUVIA LOZANO, PROGRAM DIRECTOR
ANA DIAZ, RWPA SUPERVISOR

CELL: 602-695-4118
CELL: 480-466-1662
Medical Case Management

- MCM is funded through Ryan White Part A MAI
- Referrals come from the Office of Central Eligibility
- Participate in Rapid Start initiative (1-5 business days)
- Support newly diagnosed individuals as well as link individuals back to care
- Ensure RW/ADAP eligibility
- Coordination of medical care, follow-up of medical treatments, treatment adherence and communication between providers
- Resources and Referrals
Supportive Case Management

- Funded through Ryan White MAI
- Clients that reach viral suppression and show stable health are referred to CPLC SCM services
- Contact with client at minimum once every 3 months
- SCM assess individual needs and work to remove barriers to care by referring client to appropriate resources and creating necessary referrals
- Assist client in scheduling medical, dental, MH/SA, and other appointments as needed.
- Work with clients to ensure eligibility for RW/ADAP services
- Educate clients and families on HIV, U=U, HIV testing/ Prevention services
Psychosocial Support

Fortaleza & New Perspectives (RWPA Funded)

Two bilingual psychosocial facilitators

Average of 50 participants monthly

Internal & external referrals are accepted via CAREWare

Peer focused support groups for PLWH

Groups are in-person with various topics related to HIV including:

- Medications
- Side Effects
- Healthy Lifestyle Choices
- ADIS BI Interventions
- And more....!

Fortaleza
Spanish Mixed Group
Wednesdays 5-8 pm

New Perspectives
English MSM Group
Tuesdays 6-8 pm
Fuerza Positiva University

- EHE FUNDED
- 2 bilingual facilitators providing this service
- 30+ active clients participating in a 12 week curriculum
- Internal and external referrals are accepted, referral can be submitted via CAREWare
- Sessions include history of Ryan White services, Services navigation, disclosure, treatment adherence, healthy relationships, patient advocacy, support systems, etc.
- Fuerza Positiva Graduates are referred to long term HIV diagnosis psychosocial support groups.
- Spanish and English groups are offered
- 1:1 sessions are offered to help accommodate all preferences and availabilities
- Graduation for FPU is every six months- clients get a free dinner, gas gift cards, Walmart gift cards, and prizes for participating and completing curriculum.
Mental Health & Substance Abuse Services

- CPLC Mental Health & Substance Abuse funded through RWPA
- Referrals can be completed via CAREWare
  - Must be 18 years or older
  - Must be living with HIV/AIDS
  - Must be assessed for existing benefits as RW is the payer of last resort
- Referrals for individuals with insurance to CPLC outpatient services for MH and SA services
- Frequency of appointments are scheduled according to client's needs
- Client groups available in person & online
- Individual and support group services available in ENG/SPA
HIV TESTING

- ADHS & RWPB Funded
- 200—400 individuals tested per month
- Individuals who test positive are referred directly to Central Eligibility
- The community can access this service by contacting any of our HIV testers through https://gettestedaz.org/en/#free or by attending any of our community outreach events
- You can also DM @cplcluces on Instagram to get a free test
- Individuals must be 13 years or older to get tested—parental consent is not required
- Partnership with Ripple Phx, St Vincent de Paul, CASS, Scottsdale PD, Karamba Nightclub and Thunderbird Lounge to provide free HIV testing
- Monthly community events such as Mammograms and COVID testing
STI TESTING

- STI testing is available M-Th 8-5pm and Friday by appointment only at our fully equipped, CPLC CDLF location.
- STI Testing Offered: Gonorrhea, Chlamydia, and Syphilis (48-hour lab results)
- Testing Methods: Blood Draws, Anal Swabs and Oral Swabs
- Individuals must be 13 years or older to be tested. Parental consent is not required.
- You can access these services by contacting our testers directly via phone, Instagram or email at luces.support@cplc.org
- Clients who test positive for STI’s are referred out to clinics for treatment
- Condom distribution, HIV education, and linkage to services is provided during testing community events
- Partnerships for STI testing events: CASS, St Vincent De Paul, Charlie’s, Thunderbird Lounge, Ripple PHX and Karamba Nightclub and more

FYI

- 19,000,000+ Number of new cases of STDs in the US each year. Yep, they’re really common.
- 75% Percent of sexually active people will get HPV at some point during their lives.
- 1 in 2 sexually active young people will get an STD by the age of 25.

Left untreated, some STDs can cause infertility or increase your risk of getting cancer.

Lead HIV/STI Tester
Serina Moreno
(602) 290-2978
PrEP/PEP Navigation

- ADHS & SAHSMA Funded
- The community can access this service by contacting PrEP/PEP Navigators directly
  - PrEP/PEP Navigators can also get referrals from both internal and external sources including but not limited to: Maricopa County, Ripple Phx, outreach events and various clinics in the valley.
- Individuals must be 13 years or older to access PrEP/PEP Navigation services
- PrEP/PEP Navigators also partner with different organizations to provide educational trainings for the community regarding HIV, STIs, LGBTQIA+, Harm Reduction and Barrier Methods.
- On average, 30 referrals are received per month for PrEP/PEP services

RWPB Supervisor:
Cynthia Estrada
(602) 527-2455

Program Director
Duvia Lozano
(602) 695-4118
38% of Arizona households experienced food insecurity—an increase from the year prior to the pandemic, when the food insecurity rate was at 25%.

Hispanics and other minority populations are one of the most impacted demographics affected by the rising inflation.

Many clients, when asked about access to healthy, nutritious food reported no access, limited access or no access to food in general.

Clients often reported that they skipped meals because of affordability, access to foods or deciding which necessity was more urgent for their wellbeing and the wellbeing of their family.

To combat the food insecurity concerns, CPLC partnered with St Mary’s Food Bank to bring a mobile food pantry to CPLC—Centro De La Familia every second and fourth Wednesday of every month from 6:00 am to 9:30 am.

Approximately 300 families are served during the Mobile food pantry.

LUCES staff are present during food pantries in order to provide HIV testing, STI testing, PrEP/PEP resources and condom distribution.
Guadalupe is a town in Maricopa County, Arizona, and part of the Phoenix metropolitan area. The town motto, "where three cultures flourish", recognizes the town's roots in the Yaquis, Mexicans and descendants of the original farmers.

Nearly all the Yaqui people are U.S. born citizens. The Yaqui culture is rooted in Mexico.

Predominantly Catholic

It took years for CPLC LUCES to build trust in services provided to the tribe through CPLC Guadalupe clinic.

CPLC services provided to the Pascua Yaqui Tribe include:
- Access to HIV/STI Testing
- Condom Distribution
- Access to HIV/STI Education and BH Interventions
- Linkage to HIV services and STI treatment
- Access to PrEP & PEP Navigation
- and Community Event Partnerships