

Project Red Talon Healthy Native Youth

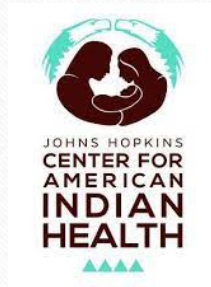
By: Kelly R. Vallo, MSW
Native Youth Coordinator
Inter Tribal Council of Arizona





Project Goal

- Improve the organizational capacity of AI/AN communities and clinics across Indian Country and Alaska to carry out core strategies in their local communities.



EHE Core Strategies



Diagnose

- STI/HIV Testing

Treat

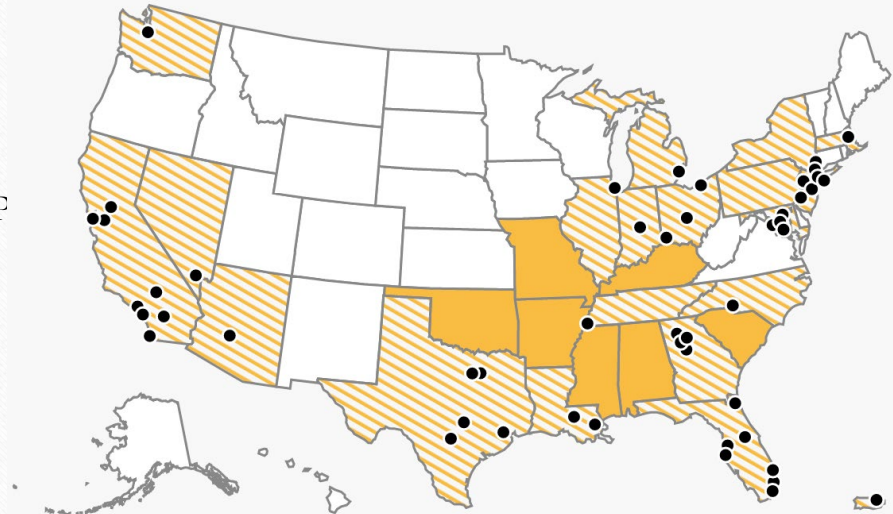
- Linkage to care

Prevent

- Use proven interventions, such as PrEP

Respond

- Provide resources to communities where outbreaks are present



Source: [Hmepage](#) | [AHEAD\(hiv.gov\)](#)

Source: [Ending the HIV Epidemic in the U.S. \(EHE\)](#) | [CDC](#)

Project Red Talon

Disseminate Best Practices

- ☐ Collaboration
 - ☐ Tribes, IHS, and other partners
- ☐ Networking
 - ☐ Improve and increase linkages
 - ☐ Share best practices
- ☐ Resources
 - ☐ Sharing resources and materials



INDIAN + COUNTRY
ECHO

IWTK I WANT THE KIT

Take Control, Know Your Status

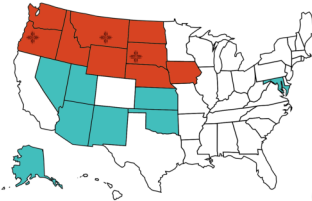
ITCA Project Activities

- ☐ Identify training and technical assistance needs
- ☐ Provide webinars to share best practices
- ☐ Connect Tribes to existing resources
- ☐ Identify other STI/HIV prevention resource needs
- ☐ Create opportunities for Tribes to access and deliver curricula for youth and high risk AI/AN populations

Indigi-IWTK Availability & Expansion

Currently Available

Maryland (2004)
Alaska (2011)
Arizona (2020)
Oklahoma (2022)
Kansas (2023)
New Mexico (2023)
Utah (2023)
Nevada (2023)



Expansion in Progress

North Dakota
South Dakota
Nebraska
Iowa
Washington
Oregon
Idaho
Montana
Wyoming



Onboarding linkage to care partners: Great Plains Tribal Leaders' Health Board, Rocky Mountain Tribal Epidemiology Center, Northwest Portland Area Indian Health Board

ITCA Focus Areas



- Leverage and expand HIV prevention, testing, and PrEP delivery at I/T/U clinics.
- Address Behavioral, Social, and Structural Barriers to Prevention and Care among tribal communities.
- Leverage WeRNative and Healthy Native Youth campaigns to reach native teens and young adults.



IWTK I WANT THE KIT

Take Control, Know Your Status

Inter Tribal Council of Arizona (ITCA) Healthy Native Youth

PURPOSE:

- Collaborating with the:
Northwest Portland Area Indian Health Board
Alaska Native Tribal Health Consortium
Inter Tribal Council of Arizona, Inc., and the
University of Texas Health and Science Center at Houston
- To provide sexual health curricula for educators and health advocates teaching American Indian/Alaska Native youth so that youth can have increased sexual health knowledge regarding HIV, STD, and teen pregnancy prevention.



Objectives:

- Promote the Healthy Native Youth website across tribal communities in and outside of Arizona
- Provide trainings to sites with the ability to:
select,
adopt,
implement, and
maintain curricula available through these websites
- Provide on-going technical assistance for sites implementing curricula
Training
Information
Support



Healthy Native Youth Curriculum



Native It's Your Game

- ☐ Web-based HIV, STD, and pregnancy prevention curriculum for American Indian and Alaska Native (AI/AN) youth.
- ☐ Program teaches about:
 - healthy relationships,
 - life skills,
 - communication, and
- ☐ Refusal skills using interactive activities, videos, games, personalized “journaling” activities, tailored feedback, and individually tailored activities.
- ☐ Teaches learners how to protect themselves from pregnancy and sexually transmitted infections using medically accurate information.



Native STAND 2.0

Native Students Together Against Negative Decisions
2.0 (Native STAND2.0)

- ❑ Comprehensive sexual health curriculum for Native high school students that focuses on:
 - ❑ life goals, communication,
 - ❑ healthy relationships,
 - ❑ sexually transmitted infections,
 - ❑ HIV/AIDS, and
 - ❑ teen pregnancy prevention
- ❑ While also covering:
 - ❑ drug and alcohol misuse,
 - ❑ suicide, and
 - ❑ dating violence.



Native Voices



Native VOICES (Video Opportunities for Innovative Condom Education and Safer Sex)

- ❑ 23- minute video, designed to encourage condom use and HIV/ STI testing among heterosexual, and LGBTQ2S (Lesbian, Gay, Bisexual, Trans, Queer, and Two Spirit),
- ❑ American Indian teens and young adults 15- 24 years old.
- ❑ The video shows Native role models in situations that youth can relate to –
 - playing basket ball,
 - at a party at a friend's home,
 - traveling between urban and rural environments, and
 - seeking advice from older family members and friends.
- ❑ The video demonstrates how to negotiate condom use with a partner, and stresses the importance of talking with partners about sexually transmitted infections.

We R Native

The 10- session guide offers fun, interactive lessons for using We R Native's multimedia health resources with students 13- 18 years old.

- ❑ Activities incorporate connection to culture as a protective factor, while covering vital information about:
 - ❑ suicide prevention
 - ❑ mental health,
 - ❑ sexual health,
 - ❑ dating and relationships,
 - ❑ drug and alcohol use, and
 - ❑ bullying.
- ❑ The lessons align with common core standards and have been reviewed for medical accuracy by the HHS Family and Youth Services Bureau.





Implementation Tool Box

A roadmap to creating a sustainable and culturally relevant sexual education program within your community. This toolbox is designed to empower you – to help you make thoughtful decisions about meeting your community needs and to support your youth.



Community of Practice



Our passion is to work together to uplift and support our Native youth. Sessions include new resources and opportunities to engage with native professionals in the field. As a community, we share our strengths and experiences about how we will improve the lives of Native youth.

Meeting Times:

The second Wednesday of every month at 10 11:30 am PST

Schedule:

Part 2– Take the Power Back

1/11/23	Technology is Power	
2/8/23	Culture is Power	
3/8/23	Talking is Power	
4/12/23	Mind4Health is Power	Register Here
5/10/23	Media Literacy is Power	Register Here
6/14/23	Community is Power	Register Here

Registration:

<https://us06web.zoom.us/j/84461212121>



Resources

We R Native Sexual Health



We R Native: Sexual Health
Text: SEX to 94449
www.wernative.org/ask-your-relatives



You are not alone! If you need help, Text "Native" to 741 741 for FREE 24/7 Counseling support, or Dial 988.

Scan the QR Code using your phone for
Native Youth Support Resources



Resources for Youth

Caring Messages: Sometimes all it takes is a thoughtful text to brighten your day and shift your perspective. To receive two texts per week with messages designed to improve your mood and remind you how awesome you are, simply text:

- "CARING" to 65664 (youth 13-24), or
- "COLLEGE" to 65664 (for college students)
- Share the campaigns on social media:
 - For College Students: [Jared](#), [Jorney](#), [Lael](#), [Tommy](#)
 - For Youth: [Lael's GIF](#), [Tommy's GIF](#)
- Share our postcards and flyers:
 - For College Students: [Jared College Flyer](#), [Jorney College Flyer](#), [Lael College Flyer](#), [Tommy College Flyer](#)
 - For Youth: [Lael Postcard 1](#), [Tommy Postcard 2](#), [Lael Flyer 1](#), [Tommy Flyer 2](#)

Youth Support



For free 24/7 crisis support

CRISIS TEXT LINE |

Crisis Text Line
Text: NATIVE to 741 741
www.crisistextline.org/



Suicide and Crisis Lifeline
Dial or Text: 988
www.988lifeline.org/chat/

Abuse & Sexual Assault



StrongHearts Native Helpline
Call, text, or chat 24/7
1-844-7NATIVE (762-8483)
www.strongheartshelpline.org



National Sexual Assault Hotline Call
(24/7): 1-800-656-HOPE
www.rainn.org/



National Teen Dating Abuse Helpline
Call (24/7): 1-866-331-9474
Text: LOVEIS to 22522
www.loveisrespect.org



Childhelp National Child Abuse Hotline
(24/7): 1-800-4-A-Child (422-4453)

Drugs, Alcohol & Tobacco



National Institute on Drug Abuse for
Teens
Call: 1-800-662-HELP
www.nida.nih.gov/research-topics/parents-educators



Truth: Smoking, Vaping, and Opioids
Text: DITCHVAPE to 88709
www.thetruth.com/article/thisiscquitting



Get the Facts About Drugs:
Just Think Twice
Call: 1-855-378-4373
Text: 55753
www.justthinktwice.gov/



National Drug Information Treatment
& Referral Hotline
Call: 1-800-662-4357
www.samhsa.gov/find-treatment

Project Red Talon

✦ Point of Contact

GWENDA GORMAN

Red Talon Ambassador

Inter Tribal Council of Arizona

gwenda.Gorman@itcaonline.com



Healthy Native Youth

✦ Point of Contact

KELLY VALLO

Native Youth Coordinator

Inter Tribal Council of Arizona

kelly.vallo@itcaonline.com

