Project Red Talon
Healthy Native Youth

By: Kelly R. Vallo, MSW
Native Youth Coordinator
Inter Tribal Council of Arizona
Project Goal

• Improve the organizational capacity of AI/AN communities and clinics across Indian Country and Alaska to carry out core strategies in their local communities.
EHE Core Strategies

**Diagnose**
- STI/HIV Testing

**Treat**
- Linkage to care

**Prevent**
- Use proven interventions, such as PrEP

**Respond**
- Provide resources to communities where outbreaks are present

Source: [Homepage | AHEAD(hiv.gov)]
Source: [Ending the HIV Epidemic in the U.S. (EHE) | CDC]
Project Red Talon
Disseminate Best Practices

- Collaboration
  - Tribes, IHS, and other partners

- Networking
  - Improve and increase linkages
  - Share best practices

- Resources
  - Sharing resources and materials
ITCA Project Activities

- Identify training and technical assistance needs
- Provide webinars to share best practices
- Connect Tribes to existing resources
- Identify other STI/HIV prevention resource needs
- Create opportunities for Tribes to access and deliver curricula for youth and high risk AI/AN populations
ITCA Focus Areas

- Leverage and expand HIV prevention, testing, and PrEP delivery at I/T/U clinics.
- Address Behavioral, Social, and Structural Barriers to Prevention and Care among tribal communities.
- Leverage WeRNAtive and Healthy Native Youth campaigns to reach native teens and young adults.
Purpose:

- Collaborating with the:
  - Northwest Portland Area Indian Health Board
  - Alaska Native Tribal Health Consortium
  - Inter Tribal Council of Arizona, Inc., and the
  - University of Texas Health and Science Center at Houston

- To provide sexual health curricula for educators and health advocates teaching American Indian/Alaska Native youth so that youth can have increased sexual health knowledge regarding HIV, STD, and teen pregnancy prevention.

Objectives:

- Promote the Healthy Native Youth website across tribal communities in and outside of Arizona
- Provide trainings to sites with the ability to: select, adopt, implement, and maintain curricula available through these websites
- Provide on-going technical assistance for sites implementing curricula

Training
Information
Support
Healthy Native Youth Curriculum

NATIVE YOUR GAME

Native STAND
Students Together Against Negative Decisions

NATIVE VOICES

WERNATIVE
Native It’s Your Game

- Web-based HIV, STD, and pregnancy prevention curriculum for American Indian and Alaska Native (AI/AN) youth.
- Program teaches about:
  - healthy relationships,
  - life skills,
  - communication, and
- Refusal skills using interactive activities, videos, games, personalized “journaling” activities, tailored feedback, and individually tailored activities.
- Teaches learners how to protect themselves from pregnancy and sexually transmitted infections using medically accurate information.
Native STAND 2.0

Native Students Together Against Negative Decisions 2.0 (Native STAND 2.0)

- Comprehensive sexual health curriculum for Native high school students that focuses on:
  - life goals, communication,
  - healthy relationships,
  - sexually transmitted infections,
  - HIV/AIDS, and
  - teen pregnancy prevention

- While also covering:
  - drug and alcohol misuse,
  - suicide, and
  - dating violence.
Native Voices

Native VOICES (Video Opportunities for Innovative Condom Education and Safer Sex)

- 23-minute video, designed to encourage condom use and HIV/STI testing among heterosexual, and LGBTQ2S (Lesbian, Gay, Bisexual, Trans, Queer, and Two Spirit),
- American Indian teens and young adults 15-24 years old.
- The video shows Native role models in situations that youth can relate to – playing basketball, at a party at a friend’s home, traveling between urban and rural environments, and seeking advice from older family members and friends.
- The video demonstrates how to negotiate condom use with a partner, and stresses the importance of talking with partners about sexually transmitted infections.
We R Native

The 10-session guide offers fun, interactive lessons for using We R Native’s multimedia health resources with students 13-18 years old.

- Activities incorporate connection to culture as a protective factor, while covering vital information about:
  - suicide prevention
  - mental health,
  - sexual health,
  - dating and relationships,
  - drug and alcohol use, and
  - bullying.

- The lessons align with common core standards and have been reviewed for medical accuracy by the HHS Family and Youth Services Bureau.
Implementation Tool Box

A roadmap to creating a sustainable and culturally relevant sexual education program within your community. This toolbox is designed to empower you – to help you make thoughtful decisions about meeting your community needs and to support your youth.
Community of Practice

Meeting Times:
The second Wednesday of every month at 10-11:30 am PST

Schedule:
Part 2 – Take the Power Back
1/11/23 Technology is Power
2/8/23 Culture is Power
3/8/23 Talking is Power
4/12/23 Mind4Health is Power
5/10/23 Media Literacy is Power
6/14/23 Community is Power

Registration:
https://us06web.zoom.us/meeting/register/tZUkduyppjMqEtx9FU2MuBtuU_CpOOG
Resources for Youth

Caring Messages: Sometimes it takes a thoughtful text to brighten your day and shift your perspective. To receive two texts per week with messages designed to improve your mood and remind you how awesome you are, simply text:

- “CARING” to 65664 (youth 13-24), or
- “COLLEGE” to 65664 (for college students)

Share the campaigns on social media:
- For College Students: Jared, Jorney, Lael, Tommy
- For Youth: Lael's GIF, Tommy's GIF

Share our postcards and flyers:
- For College Students: Jared College Flyer, Jorney College Flyer, Lael College Flyer, Tommy College Flyer
- For Youth: Lael Postcard 1, Tommy Postcard 2, Lael Flyer 1, Tommy Flyer 2

Scan the QR Code using your phone for Native Youth Support Resources.
Project Red Talon

Point of Contact

GWENDA GORMAN
Red Talon Ambassador
Inter Tribal Council of Arizona
gwenda.Gorman@itcaonline.com

Healthy Native Youth

Point of Contact

KELLY VALLO
Native Youth Coordinator
Inter Tribal Council of Arizona
kelly.vallo@itcaonline.com