Older Adults Living With HIV. A Community Perspective

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Meet Your Presenter

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Goals

**ONE**
Overview of Community Concerns

**TWO**
Services and Care, Health Disparities, Social Determinants of Health and Research

**THREE**
Federal Response to Aging and HIV

**Four**
Advocacy and Community Efforts on Aging and HIV
We were not expected to be here, more so to live this long

• In 2020, there were 411,723 people aged 55 and older living with HIV, representing 39% of the U.S. population living with HIV.

• Globally, the community of people with HIV (PWH) is ageing, with a predicted 73% of PWH expected to be over 50 years old by 2030
In 2020, there were 411,723 people aged 55 and older living with HIV. This represents 39% of all people living with HIV in the U.S.
Many PWH older adults in their 50’s, 60’s, 70’s and 80’s are facing complex care needs, with multiple non-HIV related comorbidities, consequent polypharmacy and functional impairment.
Comprehensive Medical Care

Lack of a care model that offers primary, specialty and mental health care under the framework of a Comprehensive Geriatric Approach
The **HIV care continuum** is a public health model that outlines the stages of care that people living with HIV go through from diagnosis to achieving and maintaining viral suppression.

### HIV Diagnoses
**Individuals who received a new HIV diagnosis in 2020**

3,153 Diagnoses

### Linkage to HIV Care
**Percentage of individuals with diagnosed HIV who visited an HIV health care provider within 1 month of being diagnosed with HIV in 2020**

85%

### Receipt of HIV Care
**Percentage of Individuals with diagnosed HIV who received medical care for HIV in 2020**

73%

### Viral Suppression
**Percentage of individuals with diagnosed HIV who had a low detectable viral load in 2020**

66%

**Source:** CDC ATLAS
Mental Health

Older adults with HIV struggle mental health due to trauma, mood disorders, depression, addiction, stigma, and social isolation among others. These struggles prevent older adults from accepting their HIV status and accessing care.
Challenges Linked to Mental Health and HIV

- Inflammation of the brain and central nervous system
- Side effects from medication
- Stigma surrounding HIV
- Chronic stress
- Pre-existing mental health conditions
- Inadequate access to quality care
Health Disparities

Black Americans 55 and older had the highest number of new HIV diagnoses (1,241 diagnoses) and deaths among people living with HIV (4,818 deaths) compared to other races/ethnicities in the same age group.
In 2020, Black Americans 55 and older had the highest number of new HIV diagnoses and deaths among people living with HIV compared to other races/ethnicities in the same age group.

**New Diagnoses**

- Black: 1,241
- White: 1,183
- Hispanic: 585
- Other: 144

**Mortality**

- Black: 4,818
- White: 3,642
- Hispanic: 1,876
- Other: 895

Source: CDC Atlas
Socioeconomic Services

Social determinants of health such as poverty, insurance status, education, household income, food insecurity, and unemployment can negatively impact HIV-related health outcomes for this age group.
In 2020, people aged 55 and older represented 39% (411,723) of all people living with HIV in the U.S. Social determinants of health such as poverty, insurance, education, household income, food insecurity, and unemployment can negatively affect HIV-related health outcomes for people aged 65 and older.

### Poverty
- 12.8% of the U.S. population were living in poverty
- 9.3% of people 65 and older were living in poverty

**American Community Survey, 2020**

### Education
- 88.5% of U.S. population had at least a high school education
- 85.4% of people 65 and older had at least a high school education

**American Community Survey, 2020**

### Food Insecurity
- 7.9% of people living in a household with someone 65 and older were living with food insecurity
- 8.3% of people 65 and older living alone were living with food insecurity

**U.S. Department of Agriculture, 2020**

### Household Income
- The median household income for the U.S. population was $64,994
- The median household income among people 65 and older was $47,484

**American Community Survey, 2020**
Aging and HIV Research

Rapid Aging
Early and multi-morbidities
Polypharmacy
Drug Development
Secondary Prevention
Behavioral
Metabolism
Obesity
Frailty
HAND
Osteoporosis
We need HIV Research On Aging and HIV

Rapid Aging
Early and multi-morbidities
Polypharmacy
Drug Development
Secondary Prevention
Behavioral
Metabolism
Obesity
Frailty
HAND
Osteoporosis
Arthritis
Implementation
Aging and HIV
Coordination and Partnerships

- White House: ONAP / NHAS / EHE
- HHS: HRSA HAB - Ryan White Clinics / ACL - AAA
- HHS: SAMSHA / CDC / CMS / NIH-OAR
- HUD: HOPWA
- Congress: Ryan White Care Act
- Congress: Older American Act
- Congress: Appropriations
- OAA – States designations of communities in need
Aging and HIV Medical Care: The Most Urgent Need

• Assistance and support for older adults whose health coverage shifts to Medicaid or Medicare.

• Prohibit prior authorization and other barriers to accessing prescription drugs for older adults living with HIV.

• Increase health coverage and access to care for non-HIV related comorbidities for older adults living with HIV.

• Increase health coverage and access to care for people living with HIV who are 50-64 years of age.
Aging and HIV
Community Response and Collaborations

- NMAC’s HIV 50+ Strong and Healthy
- AIDS United’s HIV/Aging Policy Advocacy Coalition
- NATAP
- The Reunion Project
- HIV+ Aging Research Project
- Ribbon’s ROC4Aging+
- Let’s kick Ass
- FAPP’s Aging Working Group
- National HIV and Aging Advocacy Network
Aging and HIV

NMAC’s HIV 50+Strong and Healthy Program

- 50 USCHA Scholarships
- 12 Mini Grants and Community Building
- 5 Educational Webinar Series
- Peer Education Project
- The Advocacy Project
- The National HIV/AIDS Advocacy Network
Thank You!